The most common sexually transmitted infection in Estonia is Chlamydia. It is treated with antibiotics.

Unprotected sexual intercourse is the main mode of transmission of sexually transmitted diseases. Because many sexually transmitted diseases can be asymptomatic, a person may not be aware of the infection and the transmission of the infection. Without treatment, STDs do not heal, so it is wise to test for them. It pays to test yourself if you have a new sexual partner, if you or your partner has other partners, if you had intercourse without a condom, or if it ruptured, if you had sex with someone who had a sexually transmitted disease, or if you have symptoms of the disease. You can be tested in many places and testing is a sensible and natural part of sexual health.